

April 2022

WPS Parents' Safeguarding Newsletter

Online Grooming – A guide for parents

With the scale of online grooming getting worse every year it is important that parents are empowered with good information. The Internet Watch Foundation have put together a brilliant guide which is split into 3 sections. The first describes what online CSE is, the second answers questions and gives practical advice, and the third informs parents what to do if they are suspicious.

The downloadable PDF can be found [HERE](#).

TikTok Parent Guide

It has come to our attention that a number of our younger learners are regularly using TikTok, this is both viewing and posting material. 13 is the minimum age for a young person to have an account with TikTok.

OpenView Education have put together a really useful TikTok guide for parents. You can find the guide [HERE](#).



Misleading Online Information – Ukraine Crisis

With the awful events continuing and escalating in the Ukraine there is lots of very misleading information being shared online. Some of this can be very scary and upsetting for adults, children and young people alike. The BBC have put together a short (1.5 minute) video about how to spot misleading stories about the Ukraine crisis. It is aimed at learners from KS2 upwards.

You can find the video [HERE](#). Our current total raised for the Ukraine Appeal is...

£3523.50

Snapchat's new feature explained

Snapchat has a new section named Spotlight, designed to surface TikTok-like viral videos from users. Unlike TikTok, however, Spotlight snaps don't feature a public comments section and users' profiles are private by default.

Snapchatters can therefore keep their accounts from public view while still posting content. Snapchat has even said that it's paying some creators to post Spotlight content for the most popular creators on the app each day.



Find out more information on Snapchat in our online safety guide [here](#).

Scam Stories - The Money Drop

Young people are being targeted for many different scams online, particularly via social media, including grooming for money laundering. Scam Stories is a 25-minute documentary on BBC iPlayer which shares the stories of 3 young adults who were victims of these scams when they were younger. It is an excellent short programme to raise awareness of this growing issue. Please note there is a small amount of strong language in the documentary.

You can view the documentary [HERE](#).

Twelve things I wish I'd known about grief (Winston's Wish)

From the 'five stages of grief' to the idea that grieving people should be crying all the time, there are many common myths about grief. The Winston's Wish team look at the truth behind these myths and reveal 12 things you should know about grief.

If you require any bereavement support you may find the links below helpful.

See here:

<https://www.winstonswish.org/supporting-you/supporting-a-bereaved-child/>

Read the rest here: <https://www.winstonswish.org/12-things-i-wish-id-known-about-grief/>



Eating disorders (ACAMH)

Young people with an eating disorder have negative beliefs about themselves and about their eating, body shape and weight. This has an impact on their physical and mental health, education, relationships and quality of life.

The exact cause of eating disorders is not known, but it's likely that there are several factors at play, rather than one single identifiable cause; for example, a mix of social, biological, psychological and interpersonal causes.

In most cases, eating disorders start in adolescence, but they are often not picked up until adulthood. However, the earlier treatment starts, the better the long-term outcomes.

Read more about Eating Disorders on the Association for Child and Adolescent Mental Health website here:

<https://www.acamh.org/topic/eating-disorders/>

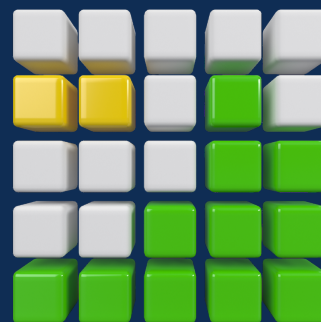


Wordle Game

Wordle is a new game that a number of learners have been accessing over the last few months. On the whole it is a very safe game but with the rise in popularity it's important to be aware as there are a couple of concerns.

Internet Matters have written a great, short article which would be ideal to share with parents.

You can find the article [HERE](#).



WOOTTON PARK

Reporting a Safeguarding Concern

If you are concerned about the welfare or safety of a learner please speak to a member of the safeguarding team.



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