

February 2022

# WPS Parents' Safeguarding Newsletter

## Sexual Harrassment

The things I wish my parents had known about online sexual harassment

The Children's Commissioner, Dame Rachel de Souza DBE, has recently published a guidance document for parents helping to support them to understand online sexual harassment. It is a sensitive topic, and not one all parents feel comfortable discussing with their children.

The commissioner's team brought together a group of 16 - 21 year olds and asked them talk about what they think parents should know, and what they should say to their children when talking about sexualised bullying and the pressures of growing up online.

Key advice from the young adults in the focus groups included:

- Start conversations early, before your child gets a phone or social media account. Keep the conversation going over time, adapting to your child.
- Young people want their parents to learn about new technology and trends, including risky behaviours and dangerous spaces online.
- Create a safe and trusting home environment. Young people told us the home environment is key, they want to share things with their parents but don't always feel able.

The report and poster 'The things I wish my parents had known...' can be downloaded [here](#)

This is a great resource that provides parents with information and guidance on a number of sensitive issues such as:

- Pornography
- Sharing nude images
- Sexualised bullying
- Editing photos and body image
- Peer pressure



### Building resilience in children and teens (Family Lives)

The Family Lives charity aims to offer all parents somewhere to turn before they reach crisis point. Crisis support, provided for over 40 years through their helpline, has always been at the heart of what they do.

Family Lives also have an excellent website to help parents with the ups and downs of family life. One useful infographic is this one about building resilience in children and teens. You can download it [here](#).

The Family Lives parents' helpline is available Monday to Friday, 1.30 - 9pm on 0808 800 2222.

The website can be found here:  
<https://www.familylives.org.uk/>



### Sending Nudes or Semi Nudes



A recent school inspection report has found that learners are regularly pressured to send nude or semi-nude photos online. The dangers of asking for, as well as sending images/videos of this nature, are discussed in school regularly with our learners.

Sending and asking for images of this nature can be a criminal offence and the school must report all cases to the police. It is a crime to possess, take, make, distribute or show anyone an indecent image of a person under 18 years of age. [Sexting and the Law](#) explains this in more detail.

### Healthy Eating - Food Scanner App (Public Health England)

The NHS Food Scanner app brings food labels to life and helps you make healthier choices. Simply scan the barcode to see how much sugar, saturated fat and salt is in your food and drink then choose one of the healthier swap suggestions.

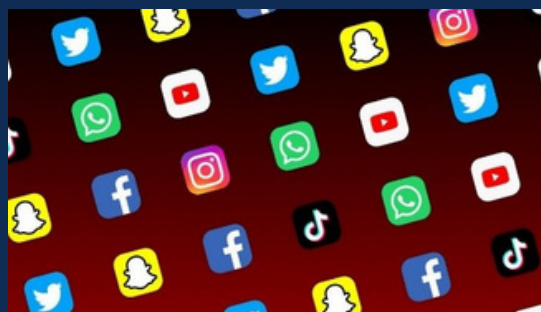
The app is part of a healthy eating campaign and the 'scan, swipe, swap' take-home pack has plenty of resources to help encourage children to build healthier habits for life.

Find the resources [here](#)



## Is Your Child Ready for Social Media?

The ThinkUKnow team at CEOP have written a great new blog post to give advice and guidance to parents regarding social media. It's a nice, simple, quick read going into the risks, considerations for whether the child is ready, minimum age requirements and more. To find out further information click [HERE](#).



## Tackling Fake News

Fake news has been a growing area of concern for years. Internet Matters have a great page with information and resources for parents to discuss tackling fake news with their children. You can find the information and resources [HERE](#).



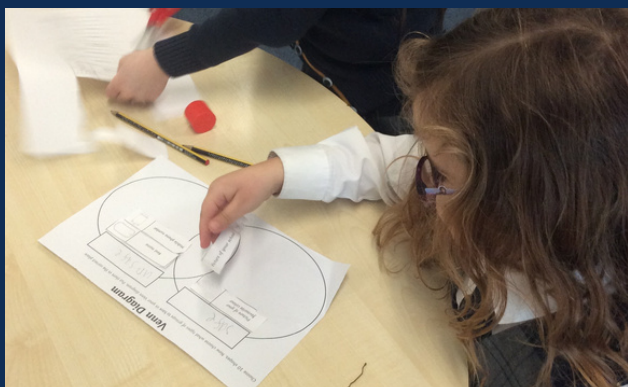
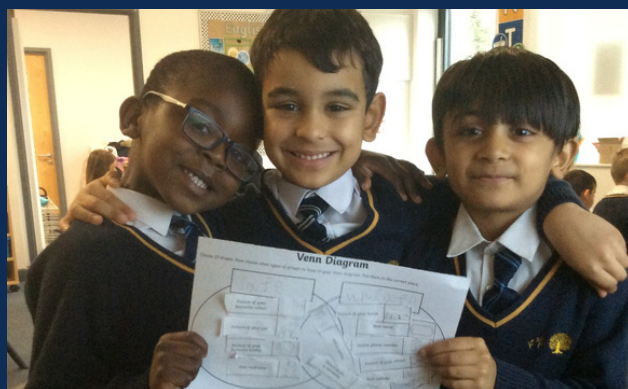
## Internet Safety Day

Internet Safety Day was on the 8th February. Both our primary and secondary learners completed work around this year's theme: All fun and games?

Exploring respect and relationships online. Although internet safety is part of our everyday school life, not just a one-day event, it was great to see the learners discussion the many advantages to our online world as well as ensuring they know how to stay safe online. If you would like to view the assemblies linked to Internet Safety Day then please click on the links below.

Primary Phase [assembly](#).

Secondary Phase [assembly](#).





## Safeguarding Concerns

If you have a safeguarding concern or you are worried about a child, please do not hesitate to contact a member of our safeguarding team. We are here to help.

[j.page@woottonparkschool.org.uk](mailto:j.page@woottonparkschool.org.uk) – DSL

[s.macdonell@woottonparkschool.org.uk](mailto:s.macdonell@woottonparkschool.org.uk) – Deputy DSL



WOOTTON PARK

## Reporting a Safeguarding Concern

If you are concerned about the welfare or safety of a learner please speak to a member of the safeguarding team.



Jane Page

Designated Safeguarding Lead



Sam MacDonnell

Deputy Designated Safeguarding Lead



Claire  
Woodbridge



Corinna  
Kerrou



Dan  
Rosser



Gemma  
Kingston-Wade



Hayley  
Chambers



Carla  
Grady