Plan of Study – Year 8BC

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| Term | Term 1 | Term 1 | Term 2 | Term 2 | Term 2 | Term 3 | Term 3 | Term 4 |
| Week Commencing | 6/9, 13/9, 20/9 | 27/9, 4/10, 11/10, 18/10 | 1/11, 8/11, 15/11 | 22/11, 29/11, 6/12 | 13/12 | 3/1, 10/1, 17/1 | 24/1, 31/1, 7/2 | 21/2, 28/2, 7/3 |
| 8BC Boys  Tues 5 LFO | Football (Fields) | Football (Fields) | Dodgeball (Pav.MUGA) | Dodgeball (Pav.MUGA) | Inter-PE  (Various) | Handball (MUGA) | Handball (MUGA) | Gaelic Football (Fields) |
| Fri 2 LFO | Leadership (Various) | Leadership (Various) | Rugby (Fields) | Rugby (Fields) | Inter-PE  (Various) | Volleyball (Sports Hall) | Volleyball (Sports Hall) | Gymnastics (Dance Studio) |
| Fri 3 LFO | Badminton (Sports Hall) | Badminton (Sports Hall) | Basketball (Sports Hall) | Basketball (Sports Hall) | Inter-PE  (Various) | HRE (Various) | HRE (Various) | Trampolining (Sports Hall) |
| 8BC Girls  Tues 5 MPE | Leadership (Various) | Leadership (Various) | Netball (MUGA) | Netball (MUGA) | Inter-PE  (Various) | HRE (Various) | HRE (Various) | Table Tennis (Dance Studio) |
| Fri 2 HGI | Badminton (Sports Hall) | Badminton (Sports Hall) | Basketball (Sports Hall) | Basketball (Sports Hall) | Inter-PE  (Various) | Handball (MUGA) | Handball (MUGA) | Trampolining (Sports Hall) |
| Fri 3 HGI | Football (Fields) | Football (Fields) | Rugby (Fields) | Rugby (Fields) | Inter-PE  (Various) | Volleyball (Sports Hall) | Volleyball (Sports Hall) | Gymnastics (Dance Studio) |

Plan of Study – Year 8BC (continued)

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| Term | Term 4 | Term 5 | Term 5 | Term 6 | Term 6 |
| Week Commencing | 14/3, 21/3, 28/3 | 18/4, 25/4, 2/5 | 9/5, 16/5, 23/5 | 6/6, 13/6, 20/6, 27/6 | 4/7, 11/7, 18/7 |
| 8BC Boys  Tues 5 LFO | Gaelic Football (Fields) | Softball (Fields) | Softball (Fields) | Athletics (Fields) | Athletics/Inter-PE (Fields) |
| Fri 2 LFO | Gymnastics (Dance Studio) | Cricket (SH or Fields) | Cricket (SH or Fields) | Tennis (MUGA) | Tennis/Inter-PE (MUGA) |
| Fri 3 LFO | Trampolining (Sports Hall) | Softball (Fields) | Softball (Fields) | Athletics (Fields) | Athletics/Inter-PE (Fields) |
| 8BC Girls  Tues 5 MPE | Table Tennis (Dance Studio) | Cricket (SH or Fields) | Cricket (SH or Fields) | Tennis (MUGA) | Tennis/Inter-PE (MUGA) |
| Fri 2 HGI | Trampolining (Sports Hall) | Rounders (Fields) | Rounders (Fields) | Athletics (Fields) | Athletics/Inter-PE (Fields) |
| Fri 3 HGI | Gymnastics (Dance Studio) | Rounders (Fields) | Rounders (Fields) | Athletics (Fields) | Tennis/Inter-PE  (MUGA) |

Assessment Objectives

AO1 - Use of a range of tactics and strategies to overcome opponents in direct competition through team and individual games

AO2 - Analyse their performances compared to previous ones and demonstrate improvement to achieve their personal best

AO3 - Performance of dances using advanced dance techniques within a range of dance styles and forms

AO4 - Take part in outdoor and adventurous activities which present intellectual and physical challenges and be encouraged to work in a team, building on trust and developing skills to solve problems, either individually or as a group.

AO5 - Development of technique and improvement of performance in other competitive sports

AO6 - Use of a basic range of leadership skills and styles in small and large groups of learners.

Information

Tuesday 5

Dance Studio in use – BDr (Year 7)

Year 2 PE – HGI

Year 5 PE – ACO

Friday 2 & 3

Dance Studio – Free

Year 7BC PE – AMO

Year 7BC PE – MJO

Friday 3

Year 4 PE – 11:00-12:00 – ACO

Key

School Changing Rooms

Pavilion Changing Rooms