Long Term Plan 2018/2019

CPSHE

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|  | Term 1 | Term 2 | Term 3 | Term 4 | Term 5 | | Term 6 |
| Year 7  CPSHE | Relationships- What is CPSHE?   * Britishness * Social responsibility * Social skills * Building friendships * Healthy relationships * Global village | Living in the wider world: Economic Wellbeing   * Poverty in Britain * Eradicating poverty * Money * Bank accounts * Careers | Living in the wider world: international conflict   * Conflict * The crisis in Iraq and Syria * Solving international conflict * Haiti and Bangladesh | Health and wellbeing: Puberty   * Healthy lifestyle * Puberty and healthy living * Girls only puberty lesson * Boys only puberty lesson * Understanding changes which will happen to each other | | Living in a wider world: Being a responsible citizen   * Crime * Why commit crime? * Punishment * Antisocial behaviour * Crime in Northampton * Debate- reducing crime in our community. | Health and Wellbeing: Coping with stress   * Exam preparations * Physical and mental wellbeing during exam preparation * Stress * Coping mechanisms. * Finding support |
| Year 8  CPSHE | Relationships: Healthy relationships   * Mental wellbeing * Emotional development * Healthy relationships * Homophobia * Intolerance | Health and wellbeing:  Personal safety   * Intolerance and choices * Body image in the media * Internet safety * First aid * Hidden dangers * Rules and Laws | Health and wellbeing:   * Alcohol and smoking * Alcohol and smoking in our community * Debate: How can we affect change? * Consequences of smoking/drinking. | Living in the wider world: Human rights   * Freedom of speech * Those without the freedom of speech. * How can we affect change? * Delivering speeches * Discrimination | | Living in the wider world: Human rights   * Debate: Rights at school * Social responsibility * Rights in Britain * Human rights in other countries | Living in the wider world:   * Economic wellbeing * Philanthropy * Paying it forward * Financial decisions- * Career choices * The world of work and career development |
| Year 9 CPSHE | Relationships: Healthy Relationships and Wellbeing   * Body Image * Relationships * Intimacy and The Law * Social Media * Peer Pressure * Challenging Negative Behaviour | Positive Education   * EPOCH and introduction * Teenage Brain * Chimp Management an Introduction * Red Head/Blue Head * Self-Talk * Emotional Drive | Prevent   * Radicalisation * Islamophobia * Terrorism * Preventing Terrorism * Extremism | Careers   * Changing Job Market * Apprenticeships * Work Experience * Job Expectations * Employability Skills | | Living in the Wider World   * Knife Crime * Gangs * Youth Crime * Drugs | Positive Education 2   * Emotional Drive * Neuroscience of a Winner’s Brain * Growth Mindset * Fixed Mindset * ABC Model * Understanding Emotions |