Long Term Plan 2018/2019

CPSHE

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|  | Term 1 | Term 2 | Term 3 | Term 4 | Term 5 | Term 6 |
| Year 7CPSHE | Relationships- What is CPSHE?* Britishness
* Social responsibility
* Social skills
* Building friendships
* Healthy relationships
* Global village
 | Living in the wider world: Economic Wellbeing* Poverty in Britain
* Eradicating poverty
* Money
* Bank accounts
* Careers
 | Living in the wider world: international conflict* Conflict
* The crisis in Iraq and Syria
* Solving international conflict
* Haiti and Bangladesh
 | Health and wellbeing: Puberty* Healthy lifestyle
* Puberty and healthy living
* Girls only puberty lesson
* Boys only puberty lesson
* Understanding changes which will happen to each other
 | Living in a wider world: Being a responsible citizen* Crime
* Why commit crime?
* Punishment
* Antisocial behaviour
* Crime in Northampton
* Debate- reducing crime in our community.
 | Health and Wellbeing: Coping with stress* Exam preparations
* Physical and mental wellbeing during exam preparation
* Stress
* Coping mechanisms.
* Finding support
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| Year 8CPSHE | Relationships: Healthy relationships * Mental wellbeing
* Emotional development
* Healthy relationships
* Homophobia
* Intolerance
 | Health and wellbeing:Personal safety* Intolerance and choices
* Body image in the media
* Internet safety
* First aid
* Hidden dangers
* Rules and Laws
 | Health and wellbeing:* Alcohol and smoking
* Alcohol and smoking in our community
* Debate: How can we affect change?
* Consequences of smoking/drinking.
 | Living in the wider world: Human rights* Freedom of speech
* Those without the freedom of speech.
* How can we affect change?
* Delivering speeches
* Discrimination
 | Living in the wider world: Human rights* Debate: Rights at school
* Social responsibility
* Rights in Britain
* Human rights in other countries
 | Living in the wider world: * Economic wellbeing
* Philanthropy
* Paying it forward
* Financial decisions-
* Career choices
* The world of work and career development
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| Year 9 CPSHE | Relationships: Healthy Relationships and Wellbeing* Body Image
* Relationships
* Intimacy and The Law
* Social Media
* Peer Pressure
* Challenging Negative Behaviour
 | Positive Education* EPOCH and introduction
* Teenage Brain
* Chimp Management an Introduction
* Red Head/Blue Head
* Self-Talk
* Emotional Drive
 | Prevent* Radicalisation
* Islamophobia
* Terrorism
* Preventing Terrorism
* Extremism
 | Careers* Changing Job Market
* Apprenticeships
* Work Experience
* Job Expectations
* Employability Skills
 | Living in the Wider World* Knife Crime
* Gangs
* Youth Crime
* Drugs
 | Positive Education 2* Emotional Drive
* Neuroscience of a Winner’s Brain
* Growth Mindset
* Fixed Mindset
* ABC Model
* Understanding Emotions
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