

December 2021

WPS Parents Safeguarding Newsletter



Internet Watch Safety

Follow the TALK checklist to help keep your child safe online (Internet Watch Foundation)

The Internet Watch Foundation (IWF) tells us that since the start of the pandemic, the amount of 'self-generated' child abuse imagery has increased dramatically. In 2020, the IWF confirmed 68,000 cases of such imagery, a rise of 77% on the year before. It accounts for nearly half (44%) the imagery they took action on last year. In 80% of these cases, the victims were 11- to 13-year-old girls.

The IWF has created a resource to help parents and carers understand the risks of 'self-generated child sexual abuse imagery' using the acronym 'TALK'.

To find out more, go to: <https://talk.iwf.org.uk/>

Play Safe

Play Safe, a new national safeguarding campaign (Football Association)

The Football Association and the NSPCC launched 'Play Safe', a national campaign to focus attention on the vital importance of safeguarding in football. At the heart of the campaign are three short films to emphasise the importance of safeguarding for key groups of people, crucially children themselves.

One aspect of the campaign is prompting parents to ask questions:

- Do you know your child's club Welfare Officer?
- If so, do you have their telephone number in your 'phone, as well as that of the NSPCC?
- Are you up to speed with your child's club's safeguarding policies and procedures?
- Do you regularly check-in with your child to see what they are enjoying/not enjoying and why?

More information can be found here: <https://www.thefa.com/PlaySafe>

TikTok Safety

Internet Matters has an information page about safety on TikTok this may be useful for you as parents and carers.

It's also important that we are encouraging young people to report dangerous challenges online which again is highlighted in the guidance from Internet Matters as well as these [YouTube videos](#).



Sleeping Difficulties

The National Sleep Helpline 03303 530 541

The National Sleep Helpline helps anyone with sleep issues including adults, parents and young people. The helpline is available from 7pm and 9pm, Sunday to Thursday on 03303 530 541.

Poor sleep can affect anyone and it can be a major stress for parents whose own sleep can be impaired by their children's difficulties getting to sleep, staying asleep or staying in their own bed, leading to greater stress.

Having a sleep issue is surprisingly common. At any given time this affects up to 40% of adults and 50% of children. These problems are typically persistent and do not resolve themselves without intervention.

Families often don't know where to seek help and yet issues can often be nipped in the bud with basic and accessible interventions. Please use the National Helpline if this is something that is affecting either you or your child.



Helping Everyone to Sleep Better



03303 530 541

Available Sunday - Thursday | 7pm - 9pm

School Age Robbery Partner Toolkit (Met Police)

The Met Police are running a campaign to reduce street robberies involving school aged-children by raising awareness of Fearless, the youth brand of the independent charity Crimestoppers, which enables young people to give information about crime 100% anonymously. Whilst the Met have devised this campaign, the messages are relevant throughout the country.

Mobile phone use, including use of earphones on the go, can unfortunately make young people more at risk of street robbery. The campaign aims to raise awareness of the risk of street robbery and increase understanding by equipping young people with crime prevention advice.

Fearless, part of independent charity Crimestoppers, provides young people access non-judgemental information and advice about crime and criminality. They provide a safe place to give information about crime 100% anonymously.

The toolkit contains leaflets, slides and posters to raise awareness amongst young people, schools and their families. To access these, please click the link below.

<https://6282.s3.eu-west-1.amazonaws.com/School-aged+Robbery+Partner+Toolkit.pdf>

HAF Program

During the 2021 school summer holidays, 18,900 places were booked by children and young people on to a programme of funded free holiday clubs in Northamptonshire.

The government's 'Holiday Activities and Food' (HAF) programme, known as 'HAF Northants' locally launched this week for the Christmas school holiday period.

Public Health Northamptonshire and North and West Northamptonshire Councils have commissioned local charity Northamptonshire Sport to deliver the programme, continuing their work during the summer. The winter programme offers 11,000 places at 70 activity clubs across the county, plus virtual/online activities.

HAF Northants responds to the issues faced by some families by providing a programme of consistent and easily accessible enriching activities, providing nourishing food and involving children and parents in food preparation. The holiday clubs are free of charge for young people who qualify for free school meals and those considered to be vulnerable.

For more information on the HAF scheme in Northamptonshire please email: haf@northamptonshiresport.org or visit www.holidayactivities.org.



Safeguarding Concerns

If you have a safeguarding concern or you are worried about a child, please do not hesitate to contact a member of our safeguarding team. We are here to help.

j.page@woottonparkschool.org.uk – DSL

s.macdonell@woottonparkschool.org.uk – Deputy DSL



WOOTTON PARK

Reporting a Safeguarding Concern

If you are concerned about the welfare or safety of a learner please speak to a member of the safeguarding team.



Jane Page

Designated Safeguarding Lead



Sam MacDonnell

Deputy Designated Safeguarding Lead



Claire
Woodbridge



Corinna
Kerrou



Dan
Rosser



Lydia
Wild



Geoff
Treadgold



Hayley
Chambers



Carla
Grady

Merry Christmas from



WOOTTON PARK

