

Wellbeing Wednesday

Message for parents and learners,

Every Wednesday, we would like to encourage our learners to explore activities beyond the curriculum.

Our staff will be on hand as usual, but we will not expect any work to be submitted on Wednesdays. This should be a day to relax and have fun! Every Wednesday we will have a


- selection of Enrichment Club activities to try out,
- the Weekly Wootton Wellbeing Challenge, or
- why not try an Extended Project!

This week's Enrichment Club activities:

- Not All Heroes Wear A Cape
- Paper Quilling
- Create your own Gratitude Jar
- Create your own fitness routine, and encourage your family to take part
- Make a balloon rocket!
- Why not create your own Enrichment Club?
 - o Think of an interesting activity aimed at either the Primary Phase, or Secondary Phase.
 - o Create a guide with examples
 - o Submit it to Miss Watts... you never know, your Enrichment Club idea could be on next week's Wellbeing Wednesday activity list!

Attached you will find useful instructions, and links to websites to help you with some of the tasks. If you create something you are proud of, why not send a photograph of your work to info@woottonparkschool.org.uk A selection of the work will be placed on the website for all to see!

Kind regards



Jennifer Watts
Assistant Principal
Wootton Park School